

**Workmen's Compensation  
Medical Treatment Guidelines  
Effective: 12/1/2010**

Dear Patient,

You may or may not be aware that starting in December 2010, the workmen's compensation board implemented new guidelines for managing medical care. These guidelines only affect patients who are receiving medical treatment for the **neck, back, shoulder, or knee**. If you are going to be receiving physical therapy for any of those body parts we are required to follow the new medical treatment guidelines as follows:

- Patient is required to follow up with their referring physician **every 30 days**
- After 8 weeks of P.T. treatment, the referring physician is required to submit an **MG-2 variance**, which is a request to continue P.T.
- Patient **must** be compliant with Physical Therapy treatment plan
- Patient must show functional improvements within 3-4 weeks of starting P.T.
- If patient's condition is not improving, the therapist will change your treatment plan or send the patient back to the referring physician for further work up.
- The patient is responsible for notifying APTS if their referring physician changes for any reason.

This letter is to inform you of the changes that have been made to the workman's compensation guidelines for medical treatment. The patient is responsible for understanding how the guidelines work. If you have any questions please ask our front desk staff or visit the WCB website at [www.wcb.state.ny.us](http://www.wcb.state.ny.us).

Thank you for your attention to this very important matter!  
APTS Staff